Welcome to the UGA Spring Study Abroad
Outdoor Adventure Activities
PEDB 1090 (1 credit)

This is a sample syllabus intended as a general guide only and deviations may be necessary (a final syllabus will be included in the reading packet or available by contacting the office).

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Course Description

Activities include backcountry trail hiking (in rainforest, alpine, Outback/desert, and mountain environments), sea/river kayaking, swimming with dolphins, glacier hiking, and snorkeling throughout the South Pacific. The course is a non-traditional format.

Course Objectives

By the end of the program students will:

1. Develop and participate in a minimum 25 hours of adventure activities as part of a study abroad program;
2. Actively participate in 5 hours of class instruction on trip safety, trip preparedness, team-building, and outdoor activity knowledge base;
3. Become inspired to continue participation in adventure activities beyond class participation.
4. Develop a basic understanding of the importance of physical activity as it relates to a healthy lifestyle;
5. Gain an appreciation for outdoor adventure activities as a way to exercise and improve health in life.

Course Credit

Credit is offered for a total of one semester hour in Outdoor Adventure Activities (PEDB 1090).

Prerequisites

All students in good academic standing are eligible to take the course. There are no prerequisites.

Attendance

You must attend and participate in the following:

1. All scheduled program–related recreation/field activities;
2. Three class meetings on:
a. Different types of outdoor activities offered during the course (basic run through of what activity entails, equipment needed, etc) and a broad outdoor activity safety lecture (appropriate clothing sample gear list, safety checklist, hypothermia, water issues, physical abilities, etc), this will occur at pre-departure orientation;
b. Team-building exercise;
c. Leave No Trace principles.

During the field studies, no student may leave the group without the consent of the faculty supervisor. Unless an absence is approved by one of the instructors or the program director, students will lose 10% of their final grade for each day or part-day they fail to participate. Unexcused absences or chronic late arrival to program activities may, at the discretion of the Program Director, be grounds for dismissal from the program.

Late and Missed Assignments

Because of the nature of this course and the tight schedule, assignments are not accepted late without prior approval from the instructor.

Academic Honesty

All academic work must meet the standards contained in the University’s Culture of Honesty policy (www.uga.edu/honesty). All students are responsible for informing themselves about those standards before performing any academic work. The penalties for academic dishonesty include (but are not limited to) award of a failing grade for the course, suspension, notification placed on the student’s transcript of their having been found guilty of cheating, and expulsion from the university, and ignorance is not an acceptable defense. Academic dishonesty will be reported to the University Academic Policy Panel.

Special Accommodations

Any student(s) who require special accommodation(s) or other requirements in this course must contact the instructor before or at the UGA on-campus orientation and register with UGA Disability Resource Center (www.drc.uga.edu). Some activities include moderate exercise, such as hiking and snorkeling.

Course-book

Course content is located in eLC

Course Requirements

In addition to participation in the field activities and attendance at the lectures, you will be required to complete the following:

1. Attendance in field activities and lectures (40%)

A minimum of 25 hours is required to receive course credit.

2. Final paper (20%)

A final paper is required which describes your overall PEDB1090 and study abroad field activities experience. Your topic: What was the value of the outdoor experiences in this program? What did you learn about yourself, the environment, about being a part of a group and from the instructors and guides? Do you plan to incorporate outdoor recreation/adventure into your life and, if so, how? If not, why? The paper is to be 500 typed words (excluding references and any appendices) in Arial 9.5 point font (single-spaced) and emailed as one electronic
(Word or .pdf) file (titled "your last and first name PEDB 1090 final paper") to the instructor within four (4) weeks after the end of the program in-country. Failure to adhere to any of these requirements (e.g., file name, submission date, etc) will result in an automatic 10% (minimum) to 20% (maximum) penalty in grade.

3. On-line fitness component in eLC (40%)

First, complete the "Clearance for Exercise Participation" form by January 20. You will need to do this first before getting access to the course content on eLC.

Second, complete the following in the order (and by the corresponding date) in which they appear below (otherwise the material for the next quiz will not be available). Note: There will be an additional 500-word essay (addressing the following question, “why should a concession in the due date be made for me?”) for any late assignment (same format as for the final paper above).

a. Syllabus quiz 5 points^ (due: February 1)
b. Activity quiz 10 points* (due: April 15)
c. Relevance quiz 5 points* (due: April 15)
d. Fitness quiz 1 (Exercise and Physical Activity) 5 points* (due: April 15)
e. Fitness quiz 2 (Preparing for Physical Activity) 5 points* (due: April 15)
f. Fitness quiz 3 (Personal Fitness) 5 points* (due: April 15)
g. Fitness quiz 4 (Nutrition) 5 points* (due: April 15)

^Student must score at least 90% to access the remainder of Course Content
*Student must score at least 80% on ONE quiz attempt to receive the points for that particular quiz: 0 for score <80%; 5/10 pts for score of 80% or higher.

Grade Assessment

You will earn either a satisfactory grade (S), an unsatisfactory grade (U), or an incomplete (I) based on your performance. 80% is required to obtain a grade of (S). Students must accumulate 80 points to receive a (S) in the class. Below 80 points will receive a (U). It is highly recommended that you complete the on-line Fitness Component prior to departure. Access to computers in-country will limit available time to complete this portion during the study abroad experience. If you choose to wait until you return to the US you need to have this portion completed within 4 weeks of the completion of the program, otherwise a final grade may not be submitted.

Completing the instructor course evaluation is highly recommended and appreciated for valuable feedback to make future course improvements: https://ssl.coe.uga.edu/apps/authorize/login.cfm

Course Itinerary

Refer to the sample itineraries available online. Final itineraries will be distributed on arrival in-country or contact the office for the most recent version.